



Experiences & Activities Guide

****All Rates Subject to Change and Plus Tax & Processing Fees. Final Pricing to be Provided with Travel Itinerary.***

Countryside Buggy and ATV Tour

Prepare to get dirty as you take side by side buggies or ATV's out into the local countryside where you will tour through rustic tropical villages, unpaved roads, giant African Palm Plantations, cattle farms and beautiful rivers. Ride to a waterfall and cool off in the swimming hole. The journey ends on a private eco-farm with a gorgeous view and the opportunity to enjoy a delicious Costa Rican style meal prepared by a local lady and her family (Private tours only. Regular tours can purchase a coffee, a snack, beer or local juices)!

Tour includes: Honda ATV's, fully equipped, safety helmets, bilingual guides, refreshments (water, juice and fruit drink).

Tour Times: 7:30 a.m., 12:30 p.m. **Tour Duration:** is 3 ½ hours. Full day tours and private tours are available on request.

Tour Rates: \$120 single rider ATV, \$150 double rider ATV, \$350 Side by Side for up to 2 people. \$25/person extra up to 5 people total per buggy.

Private Tour Rates: \$160 single ATV, \$190 double ATV, Side by Side \$450 for up to 2 people. \$50/person extra up to 5 people total per buggy.

Recommendations: Bring comfortable clothing, bathing suit and towel, sneakers, insect repellent, sun block and camera.

Notes: Minimum age for ATV drivers is 16 years

Private Catamaran Tour

Kick back on a 60ft catamaran boat tour and soak up the scenery of the coastline and some of the best beaches in Central America. This is a fully private tour that departs from Marina Pez Vela. You'll have an opportunity to enjoy snorkeling, swimming and sight-seeing from the water. A perfect morning or afternoon activity. Afternoon tours include sunset at sea, weather permitting.

Tour Includes: Bilingual captain/crew, dolphin watching, snorkeling, lunch, drinks (cocktails, beers, water, juices), visits to secluded bays and beaches.

Tour Times: 8:00am / 2:00 pm (Green Season: Weather Permitting)

Tour Duration: 4 hours

Tour Rates: \$1500 Up to 6 people. (\$95 per additional person)

Recommendations: Camera, swimsuit, towel, sun protection, hat, sunglasses.

Regular Catamaran Tour

Cruise on a 100-ft. catamaran with full amenities including two 16-person Jacuzzis, two giant trampoline decks, two water slides, a bar, large shaded open-air interior with seating and storage space, top floor sun deck, bathrooms and showers.

Tour Includes: a relaxed cruise of the Manuel Antonio coastline, where you can watch for dolphins or other marine life. Includes alcoholic and non-alcoholic beverages, delicious fruits and snacks, snorkeling equipment and lunch.

Tour Times: 9 am- 12:30 pm Morning or afternoon sunset tours are available. Tour Duration is about 3.5 hours.

Tour Rates: \$89 per person

Recommendations: Camera, swimsuit, towel, sun protection, hat, sunglasses. waterproof bag or dry bag, Flip-flops.

Private Boat Coastal Tour

This is a great way to experience Costa Rica from the water in a private boat without paying as much for a larger private catamaran. This charming 31 ft. panga-style boat is designed for shorter, personalized excursions. There is no head (bathroom) on board, however the boat is in pristine condition, has shade coverage and cushioned seats and includes drinks and fruit (snack on extended tour), or you can also take along your own cool and favorite snacks! Perfect for exploring the Manuel Antonio Bay or having a private sunset boat cruise where you can jump off anytime you'd like and swim, this boat is small enough to get in closer to the beaches and visit spots the larger catamarans don't access. The boat is equipped with Bluetooth so you can listen to your own tunes while you cruise! Departing from the Marina Pez Vela in Quepos, tours are fully customizable with flexible departure times, subject to availability.

2-Hour Tour Around Manuel Antonio Park

Explore the stunning coastline and lush scenery surrounding Manuel Antonio National Park. Ideal for wildlife spotting, relaxing on the water, or enjoying breathtaking views, this private tour lets you set the pace and focus on the sights that matter most to you. Includes Water and Fruit.

3-Hour Extended Tour

For a longer adventure, our 3-hour tour expands your journey along the coast, giving more time to explore secluded coves, spot wildlife, or simply soak up the sun. Includes Water and Fruit and Snack.

2-Hour Snorkel, Dolphin & Whale Watching Tour (Seasonal)

Dive into adventure on our 2-hour Snorkel, Dolphin & Whale Watching tour (seasonal). Enjoy snorkeling in pristine waters, watch dolphins play, and spot majestic whales during the season. Your private captain provides water, fresh fruits, and expert guidance throughout the tour.

Tour Rates: *Up to 12 people Max.

2 Hour= \$400 for up to 6 people and \$50/Person Extra

3 Hour = \$500 for up to 6 people and \$50/Person Extra

Jet Ski Tour Manuel Antonio

This is a guided jet ski tour around the famous coastline of the Manuel Antonio National Park and surrounding beaches. The tour leaves from the Marina Pez Vela in Quepos. This is a fun, safe and adventurous way to get out on the water and see marine life, feel the wind in your hair and have the opportunity for an up close and personal view of the coast! Snorkeling, water and fruit are included!

Recommendations: Towel, sunscreen, bathing suit, waterproof camera or GoPro, cellphone with waterproof case.

Tour includes: Guide, life jackets, bottled water and fruit.

Tour Times: 8:00am, 10:00am, 1:00pm and 3:00pm.

Tour Rates: Single Jet Ski \$130 / Double Jet Ski \$160

Zipline Adventure

Experience the thrill of ziplining through the Costa Rican rainforest, soaring across 10 cables and 12 platforms with stunning views. Along the way, spot wildlife like scarlet macaws, toucans, and white-faced monkeys. The adventure begins with a tractor ride up the mountain, followed by a safety briefing from professional bilingual guides. Covering 3.5 km, this is one of Costa Rica's top zipline experiences.

Tour includes: 12 platforms, 10 zip lines, fresh tropical fruits, water,

Tour Times: 8:00 am, 9:00 am, 10:00 am, 11:00 am, 1:00 pm, 2:00 p.m. and 3:00 pm tour. Tour duration is approximately 2 hours.

Tour Rate: \$70 per person.

Recommendations: Comfortable and light clothing, closed-toe shoes, sunscreen and insect repellent, hydration, camera.

Notes: For security reasons the MAXIMUM WEIGHT is 250 lb.

Chocolate Tours

Chocolate Experience

Begin with a short-guided nature walk through the Central Pacific transitional forest, where you'll discover its rich flora and fauna. Then, immerse yourself in a unique chocolate journey at Park, home to the first International Cocoa Collection in the Central Pacific. Learn about the different cocoa varieties, their ancestral origins, and their impact on the global economy. Experience the cocoa process firsthand: taste the fresh cocoa fruit, take part in the production process, and enjoy a delicious chocolate tasting paired with tropical fruits. A sensory experience that blends nature, culture, and flavor into one unforgettable tour.

Tour Rate: \$45 per person

Tour Times: 8:00am Daily

"Off the Beaten Path" Chocolate Tour

Interested in a more off the beaten path experience and have a 4x4 vehicle rented for your vacation? This experience highlights a farm where everything happens in-house. From growing and harvesting cacao to crafting fine chocolate, everything happens right here on our farm. This family-led, farm-to-bar experience is perfect for all ages and invites you to learn by doing. Discover the history of cacao, walk through our lush agroforestry system, and taste fresh cacao fruit and beans at every stage of the chocolate-making process.

Enjoy hands-on activities like creating rustic bon bons, tempering fine chocolate, and preparing a traditional Mayan hot chocolate, served with freshly baked cookies or brownies.

An authentic, interactive experience where culture, nature, and chocolate come together.

Tour Rate: \$34 per person. Traditional Costa Rican Lunch \$10 extra

Tour Time: 10am Monday-Saturday. Custom/Private can be secured for extra rate/different time.

Fishing Charters (Inshore & Offshore).

Known for calm seas and abundant game fish, Quepos fishing offers you the opportunity to make the catch of a lifetime.

- Year round: Tuna, Mahi-Mahi, Wahoo, Snapper, Grouper, Roosterfish.
- Sailfish: Most abundant from November through April, but still available in other months.
- Marlin: Best months are September through November.
- Dorado/Mahi Mahi: Best from late May through October but are often caught year-round.
- Yellowfin Tuna: Also available during Marlin and Sailfish season.
- Snook: Good fishing from March through May and September through November.

Our Fleet (Competitive Tournament-Fishing Crew)

- Monkeyshine – Custom-built 35 ft. Express Sport Fisher
- Monkey Sea – 31 ft. Bertram Flybridge
- Cowboy – 31 ft Sportfishing Boat, capacity 4 passengers
- Sea Hawk – 36 ft Sportfishing Boat, capacity 6 passengers

Charter rates: Pricing varies based on boat size/group size and inshore vs. offshore.

- Half-Day Inshore Fishing Charter: From \$1,100 to \$1,300
- Full-Day Offshore Fishing Charter: From \$1,750 to \$2,000

Note: Fishing licenses are an additional \$17 and valid for one week.

Horseback Riding Tour

Enjoy the beauty of the Pacific coast as you ride along the secluded beaches of Esterillos Este, located between the vibrant town of Jacó and Manuel Antonio National Park. This expansive shoreline is famous for its striking black and white sand and has been awarded the Ecological Blue Flag for its commitment to environmental conservation. With endless ocean views, open space for trotting, and unforgettable sunsets, this provides the perfect setting for a truly magical horseback riding experience.

Tour Times: 9am and 3pm.

Tour Rates: \$95/Person (Minimum 2 riders). Riding time is approximately 2 hours.

Recommendations: Hat, Pants, Close-toed Shoes, Sunscreen and Insect repellent.

Jungle Night Tour

Once the sun sets in the Costa Rican rainforest, the magnificent secrets of the jungle are ready to be discovered. It's the best time to find, observe and photograph beautiful tree frogs, shy snakes, colorful insects, mammals and other rainforest creatures that only come out at night. It is the same green fascinating forest, but now it's dark and it's a sensory experience to be in the rainforest at night!

Tour includes: Certified Guide, water, snack.

Tour Time: 5:30 p.m. duration is 2.5 hours

Tour Rates: \$65 per person

Recommendations: Camera, Hiking shoes, Insect repellent, Raincoat, Comfortable light clothing.

Monkey Mangrove Boat Tour

Join us on an interesting, covered boat ride through the beautiful and complex ecosystem of the Damas Island mangroves. Your nature guide will describe a variety of biological relationships between many organisms in this delicate habitat, and you have the chance to see wildlife such as white-faced monkeys, a variety of birds, snakes, crocodiles and iguanas, just to name a few! Good for all ages but especially recommended for children and less mobile travelers.

Tour Includes: Bilingual guide and Snack after Tour.

Tour times: 8am, 11am, 2pm. Tour duration is approximately 2.5 hours.

Tour rate: \$75 per person.

Recommendations: Bring sunglasses, camera, comfortable clothes and insect repellent.

Manuel Antonio National Park Tour

The Manuel Antonio National Park was named by Forbes as one of the most beautiful National Parks in the world. Your guide will point out many of the local species and give you up-to-date information on their natural history, habitats and habits. You will take fantastic photos through high-definition scopes with your own digital camera. There are four beautiful beaches with tranquil water, perfect for swimming or relaxing if you wish to stay after your hike. Look for white faced monkeys, howler monkeys, titi squirrel monkeys, sloth, agoutis, bats, frogs, lizards, snakes, deer, toucans, owls, hawks, herons and more!

Tour Includes: a bi-lingual Nature Guide with HD spotting scope and binoculars and other resources, park entrance fee, bottled water, fresh fruit and drinks after finishing the tour near the beach.

Tour times: 8am, 12 pm. Tour duration is approximately 3 hours. Park closed Tuesdays.

Tour rates: Group rate: \$65 per person. Private tour: \$95 per person.

Recommendations: Bring beachwear (towels, swimming suits, sun block, etc.), light clothing and a good pair of shoes, hiking boots or covered sandals.

Notes: Level of physical exertion is light.

***Concierge Recommendation:** On the day you visit the national park, we recommend spending more time on the park's beaches, as they are world-renowned for their beauty. This is included in your tour, and for lunch, you can eat in Manuel Antonio ask your concierge for the best options.

Rainforest Spice Farm

On this exclusive spice tour, you'll step into the lush, aromatic world of spices and vanilla cultivation where you'll experience the art of farming, harvesting, and processing some of the world's most coveted flavors. The tour is more than a gateway; it's a deep dive into the origins of the ingredients that make our favorite dishes so flavorful. Whether you're a cooking enthusiast, love gardening, or are simply curious about where these magical flavors come from, the spice tour offers an unforgettable experience that is completely hands-on and will satisfy the curiosity of tourgoers of all ages. You will use your senses to navigate the farm while identifying an interesting variety of spices such as our beloved vanilla, true ceylon cinnamon, cacao, black pepper, allspice, turmeric and variety of exotic fruits and medicinal plants.

Take a gentle walk through the plantation with hands-on sensory stops. Visit the post-harvest warehouse where produce is dried, processed and packaged. Learn about the ancient origins of spices, their history and properties. The tour finalizes with samples of sweet treats made in-house where you can enjoy a view beautiful view! After the tour, you can visit the onsite spice shop to purchase a variety of delicious products such as vanilla beans and extract, true Ceylon cinnamon, cocoa nibs, and other spices for use in your kitchen or as gifts. All products can be wrapped for international travel.

Tour Times: 9 am and 1 pm.

Tour rates: \$69 person.

Recommendations: Take comfortable walking shoes, camera, and additional cash for spice shop purchases.

Rainmaker Private Reserve Tour

Rainmaker is home to Morpho butterflies, varieties of birds, the colorful poison dart frog, and thousands of unique plant species. Depending on the time of year, visitors are also afforded sightings of incredible reptiles and other animals that make their way down to the water. This tour begins with a river walk along the Rio Seco's edge. Handrails and easy to follow footpaths along with observation platforms allow you to observe waterfalls and capture, with photographs, the rich biodiversity this unique site has to offer. Continuing up the trails, visitors will come to the Canopy Bridge system. This system consists of suspension bridges, built to U.S. engineering standards. The six sections total 250 meters, spanning from platforms attached to massive hardwood trees to create the most impressive Canopy Walk in Costa Rica. The design permits minimal forest impact, giving our participants an opportunity to explore the majesty of the forest canopy from a bird's eye view. At the end of the walk a pristine waterfall pool will beckon you to enjoy a refreshing dip.

Tour Includes: Certified Guide, Water and a Traditional Lunch after the tour.

Tour times: Departure Time: 8:00 am and 12:00 pm. **Duration:** Half Day

Tour rates: \$90 person (minimum 4 people)

Recommendations: T-shirt, shorts, bathing suit for getting in the falls and streams, hat, closed toe trail shoes, camera, and binoculars, sun cream.

Notes: Activity level: Moderate. Not suitable for very young children or people with bad knees/hips.

Self-Guided Rainmaker Tour

Explore one of Costa Rica's most biodiverse rainforests at your own pace. Wander hanging bridges, jungle trails, hidden waterfalls, and natural pools, **all** teeming with vibrant wildlife.

Hike 2 miles of well-marked trails, with alternative routes for those avoiding heights, making the tour accessible for all. Spot colorful frogs, butterflies, and lush vegetation, and cool off in refreshing mountain pools.

Optional traditional Costa Rican lunch available. Perfect for independent travelers, families, nature lovers, and photographers, this self-guided adventure lets you explore, learn, and relax in one of Costa Rica's true natural treasures.

This option allows you to go at your own pace, on your own time, between 8am-4pm, with no reservation and pay only the entrance fee. You will not have a guide or lunch and this can easily be done on your own as a great way to get exercise and experience the rainforest. Total self-guided time is about 1.5 hours.

Surf Lessons

From the beginner to the more experienced surfer (who maybe just wants to rent a board) you will be outfitted with the right gear and equipment for your sessions.

Lessons Include: All lessons include bilingual instructors, transport, complete equipment, insurance.

Tours Times: 8:00 am, 11:00 am and 2:00 pm.

- Regular Lessons \$90 per person (2 hours, including fruit and water), Private Surf Lesson \$130
- Small Group or Private Lessons available

Encantada Front Surf Lesson: Enjoy a 1.5-hour surf lesson with a professional instructor, conveniently located near your villa. Whether you're a beginner or looking to improve your skills, this personalized session offers the perfect blend of fun, safety, and learning, right by the stunning Esterillos coastline. *Inquire for details. Advance reservations required. No last-minute requests.*

Full Day Waterfalls Tour

See it all and see it like a local. You will enjoy the ocean, jungle, beach, waterfalls, and swimming holes in this full day of adventure. The theme of this tour is "Off the Beaten Path". You will not experience another tour like this in Costa Rica. The tour focuses on showcasing Costa Rica's Southern Pacific Waterfalls. All in all, you will visit 3 different waterfalls, each with a swimming hole, places to explore, areas to jump from and 1 waterfall that even has a 20ft natural water slide. You will also visit a semi private beach that is outlined with caves and palm trees. Get away from the crowds and enjoy Costa Rica like a Local. Perfect tour for families with wide range in ages.

Tour Includes: Transportation departs from Manuel Antonio, Lunch, Natural fruit drink, Snacks and Water.

Tour Times: 8:30am or 9:30am

Tour rates: \$140/Person. Private Tours Available! Inquire with your concierge.

Recommendations: What To Bring: Shoes or Rugged Sandals (NO Flip Flops), camera, towel, sunscreen, bug spray and extra set of dry clothes

White Water Rafting

The Rio Savegre is a magnificent stretch of coastal whitewater, surrounded by lush primary rainforest, waterfalls, and canyons. Rafting on this river is perfect for beginners and families, with Class II through IV rapids. Midway through the trip, you will stop for refreshments, which are enjoyed at a cascading waterfall and natural swimming hole, located just off the river bank.

Note: *More adventurous and shorter 1/2 day rafting options available on the Naranjo River.*

Tour Includes: round trip transportation, snacks and a meal. All equipment and bilingual guides. A photography service is available for an additional cost.

Tour times: 8:00 am. Duration: 6 hours (unless opting for a shorter tour)

Tour rates: \$134 per person. Private tours can be arranged at an additional cost.

Recommendations: Bring your swimsuit, towel, a dry change of clothes, sun protection to wear in the raft such as shorts or a rash guard or t-shirt. Sunscreen. Sunglasses with Croakies cord.

Signature Day Experiences 2026

Hanging Bridges, Rainforest Waterfall & Campesino Experience

Embark on an unforgettable journey from Manuel Antonio in a rugged 4x4 vehicle, heading deep into the mountains to a cooperative community dedicated to eco-sustainable tourism. Wander across some of Costa Rica's highest hanging bridges, marvel at the lush rainforest canopy, and spot the diverse flora and fauna along the way. Follow the trail to a hidden 120-foot waterfall, where you can plunge into its crystal-clear pool and soak in the serenity of the jungle. After your swim, hike up to the home of our dear friend Doña Corona, one of the cooperative's founders. She'll welcome you with a homemade lunch in her cozy home, where you'll explore her medicinal garden, sample fresh tropical fruits, and learn about the traditional campesino lifestyle. To finish, you'll roll up your sleeves and try your hand at pressing sugar cane with a traditional trapiche—a sweet, hands-on taste of Costa Rican culture.

Tour rates: \$125 per person

Tour Duration: 6 hours. Departs Manuel Antonio @ 8am.

Tour Includes: Entrance to hanging bridges, guided hike, visit to private home and lunch

Notes: Ages 5 and up. 2 people Minimum. Price for groups under 4 pax is \$145 per person.

Chocolate, Waterfall & Campesino Traditions

Journey into the mountains to a private rainforest retreat overlooking the rushing Naranjo River. Stroll through the garden to taste local fruits and cacao straight from the pod, then head to the Rancho for a hands-on chocolate lesson. Roast cacao beans over the fire, sample locally made Costa Rican chocolate, and then roll up your sleeves to craft your own truffles, choosing fun toppings to make them uniquely yours. While your chocolates set, follow a short jungle trail to a sparkling waterfall. Swim in the refreshing pool or relax on sun-warmed rocks, fully immersed in nature. To finish, visit our friend Doña Luz in her cozy home. Learn to hand-make tortillas and share an authentic campesino meal, a warm glimpse into Costa Rican family life and tradition.

Tour rates: \$125/Person (after 4 people) / \$145/Person (up to 4 people).

Tour Includes: Chocolate workshop, Waterfall Visit, Tortilla Making & Lunch.

Tour Duration: 6 hours. **Departure time from Manuel Antonio:** 8:00 am.

Manuel Antonio Day

Combo Day Package

Make the most of your day in paradise! Explore the stunning Manuel Antonio area with a full-day adventure that combines nature, adventure, and relaxation. Choose your perfect combination:

- **Adventure & Nature:** Discover the wonders of Manuel Antonio National Park in the morning, then soar through the treetops with an exhilarating Zipline experience in the afternoon.
- **Relax & Surf:** Start your day exploring the beauty of Manuel Antonio National Park in the morning, then unwind with surf lessons beach club in the afternoon.

For the ultimate experience, we recommend having lunch at **Le Papillon at La Mariposa**, with one of the best views in the area and a lovely restaurant with great service, perfect for capturing the best of Manuel Antonio in a single day!

Notes about Activities & Experiences

- All prices are plus tax and processing fees.
- *If you don't have a rental car, we can secure private transportation for pick-up and drop-off. Your Travel Planner will include these details with your Travel Itinerary.*
- Activity & Experiences Deposits are pre-paid and will be sent by your Travel Planner in advance of your visit.
- Prices are subject to change and will be provided with your final itinerary/travel invoice.
- Inquire for further information on Private Tour Options.



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